# The Global Telepathy Study

# User Guide

Crowd-scale ESP testing



# Participate in this study with the True ESP app



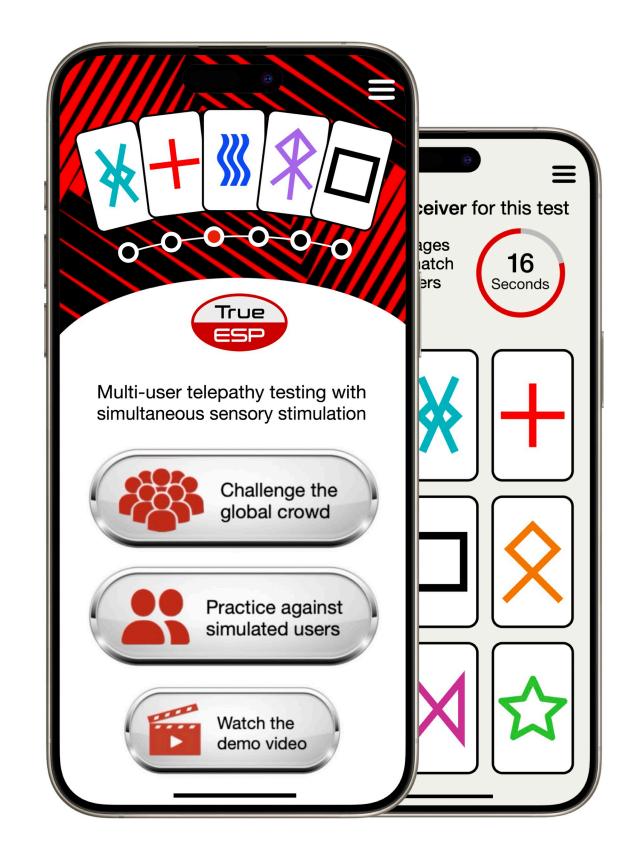
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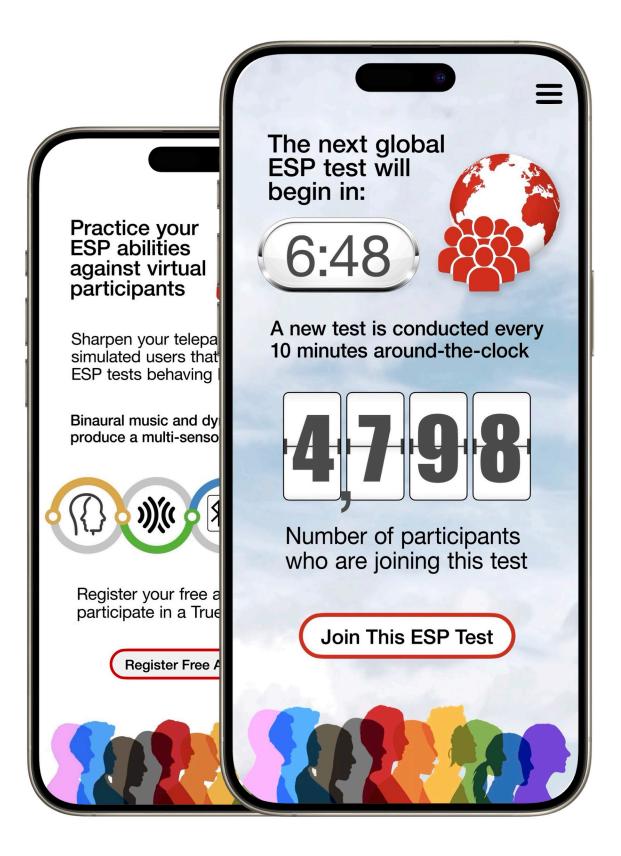
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### The Global Telepathy Study

You are participating in a groundbreaking research study on telepathic communication

With multi-sensory stimulation and crowd-scale telepathy testing, True ESP creates an immersive experience that synchronizes the brain waves of people located around the world - enabling them to tap into a collective consciousness and push the boundaries of what was thought to be possible. Recent studies have demonstrated that binaural music and haptic stimulation at specific frequencies can induce neural entrainment – which can help improve the accuracy of study participants as they send and receive mental images with each other in real-time. Your involvement in this groundbreaking research study could help advance our understanding about the human brain, and the extraordinary potential for multi-dimensional communication.





### Preparing for Your ESP Test

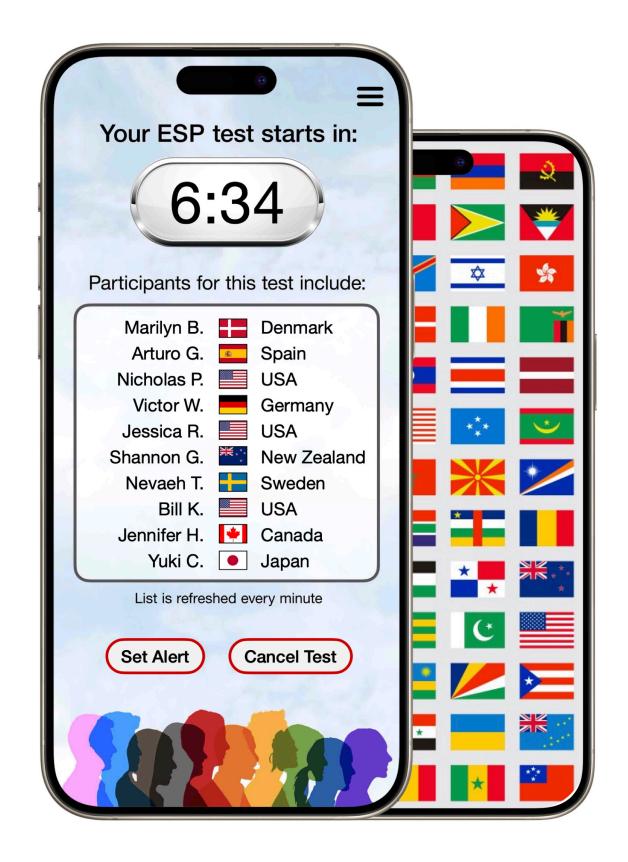
Knowing what to expect and being prepared will help ensure a positive testing experience

Each telepathy test takes approximately four minutes to complete, and you should be prepared to focus all of your attention without any distractions. Throughout each test, there will be periodic interludes where binaural music is played to synchronize the brain waves of all participants. To help ensure optimal results, it is recommended that users wear earphones or find a quiet location before their ESP test begins. Inviting friends and family to participate in a telepathy test using their own mobile device is encouraged, however, it is not advisable to have other people assist you when taking your own test. Most users achieve their best telepathic performance when they are relaxed and well-rested. Meditating before using True ESP is also highly recommended.

### List of Global Participants

Your window into the world of participants who will be joining you in a telepathy test

Before a test begins, your name will appear on a list of global users who are participating in the telepathy challenge with you. These are the individuals with whom you are going to create a brief bond of shared consciousness. Together, your group will send and receive mental images with each other, as multisensory stimulation synchronizes your brain waves. This list of global participants is updated every minute before a test begins, and you can scroll up and down to see if your friends and family members have joined you. If you choose to use another app while waiting, an alert can be set that will notify you one minute before your test is scheduled to begin. If you miss your starting time, another telepathy test will be conducted every ten minutes around-the-clock.





### **Multi-Sensory Stimulation**

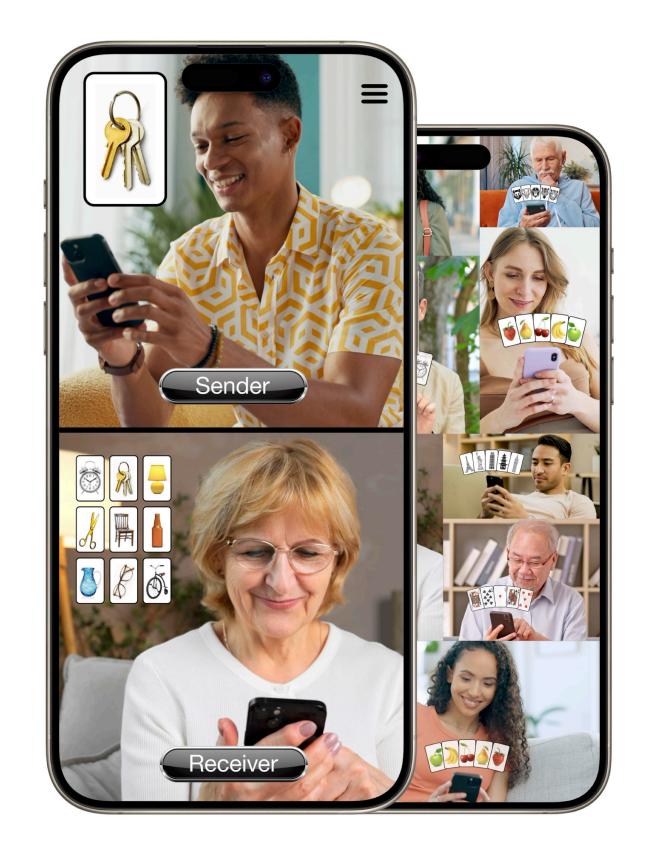
Binaural and haptic algorithms make the iPhone resonate with rich sensory stimuli

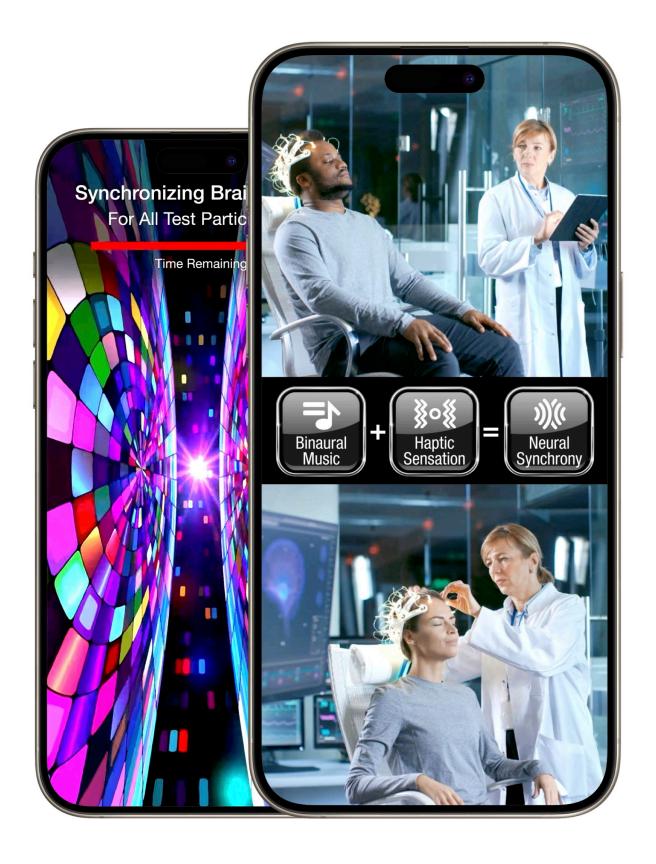
Imagine touching a cello as it resonates, or listening to the echoing sound of waves crashing against rocky cliffs. Combining multiple sensory stimuli such as these can have a powerful effect on brain waves, and may significantly strengthen your perceptual abilities. Before each testing round, binaural music and vibrotactile stimulation are used to synchronize the brain waves of all study participants. The iPhone's haptic engine can generate richly-textured resonance patterns, and True ESP utilizes haptic algorithms to stimulate fingertip neurons with extraordinary detail. In addition, recent studies from leading neuroscientists report that binaural audio at certain frequencies induces neural entrainment throughout the limbic system and neocortex.

### **Telepathy Testing Process**

Participants alternate being senders and receivers during interactive telepathy tests

During each four minute telepathy test, users are divided into two equal groups of senders and receivers – with senders trying to mentally transmit an image – while receivers attempt to imagine what the other group is visualizing. Receivers select two images from a set of 9 cards – after which the groups switch roles, and then repeat the process again for a total of 3 rounds during each real-time telepathy challenge. A new test is conducted every 10 minutes around-the-clock, and users can participate as often as they want. True ESP also features a practice mode that utilizes virtual participants - allowing you to strengthen your telepathic abilities without impacting your official cumulative ESP score. This can help you develop new telepathy skills and strategies.





### **Brain Wave Synchronization**

EEG analysis shows that binaural music at certain frequencies induces neural synchrony

Recent studies have reported that binaural music with a 10% phase shift between audio channels can induce neural entrainment within the brain, when measured via EEG & MEG analysis. By generating haptic and binaural frequencies in the gamma wave range of 30–150 Hz, True ESP can induce neural synchrony during telepathy testing and enhance brain-to-brain communication. Studies using fMRI scans and magnetoencephalography analysis showed that brain wave entrainment was also achieved throughout the cortex in the alpha and theta ranges as well. To help improve the performance of participants during telepathy testing, True ESP also generates expanded frequencies beyond 150 Hz to induce neural entrainment in the high-gamma range.

### Your Telepathy Test Score

Comparing your results with the other test participants from around the world

Comprehensive data analytics enables users to view their test results instantly – displaying real-time updates about test performance, and allowing participants to adjust techniques and strategies on-the-fly. True ESP presents telepathy scores as odds-to-one against chance, providing an intuitive and meaningful way to convey test results – as it allows users to easily understand the probability of correct answers, and appreciate the magnitude of their performance relative to chance. Personalized results are provided as a cumulative telepathy score that is continuously updated. A dynamic leaderboard showcases the top-scoring participants from around the world, displaying live performance results and fostering a sense of national pride.



### **Telepathy Test Results** 8:1 Odds 2:1 Odds Number of correct hits Round #1 Your Choices Results **Target** Hit Your Choices **Target** Results Hit Your Choices Results **Target** Miss

### Performance Analytics

Data analytics provide real-time insights for visualizing the results of ESP tests

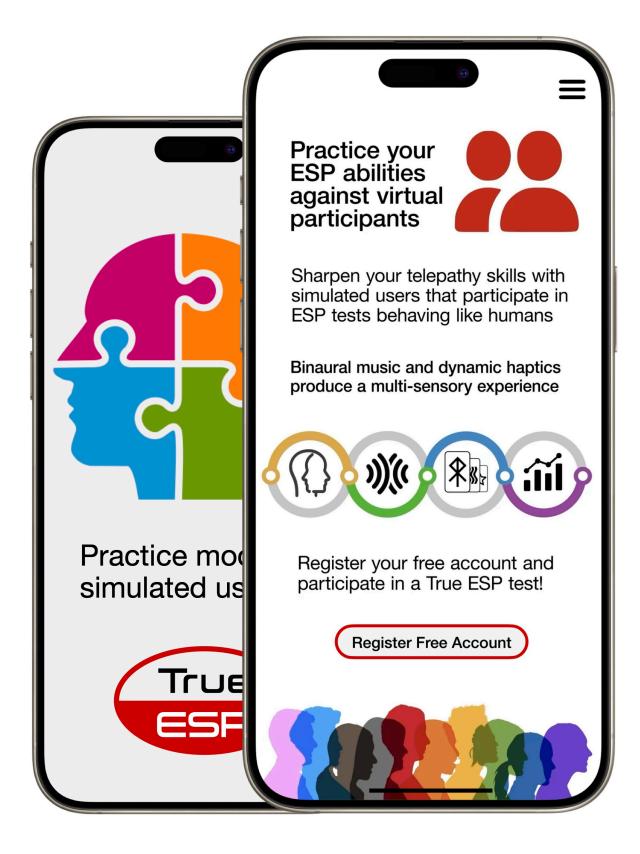
Featuring rich infographics and advanced data analytics, True ESP offers deep insights into user performance during each round of the telepathy testing process. From real-time test scores to live leaderboards, participants can view the results of their telepathy challenges using interactive tools that keep them both informed and engaged. These detailed performance metrics enable users to track their progress, identify areas for improvement, and refine their ESP skills. Users can also compare their performance to that of other participants, gaining a better understanding of their relative strengths and weaknesses. This information can help users adjust their practice strategies, optimize their techniques, and ultimately improve their telepathic abilities.

### Interpreting Your Test Results

What does it mean to have a high telepathy score? What if your results are only average?

It's important to remember that your telepathy score is a measure of a specific cognitive ability, not a reflection of your intelligence or character. Telepathy, like any other skill, can be influenced by factors such as your brain chemistry, life experiences, and even your mood on a given day. Therefore, it's crucial to interpret your results in a neutral and non-judgmental way, avoiding self-criticism or inflated self-perception. By separating your self-identity from your telepathy score, you can view your results as a fascinating insight into your cognitive profile, rather than a defining characteristic that dictates your self-worth. This perspective allows you to explore your abilities with curiosity and openness, rather than emotional attachment.





### Practicing With Virtual Users

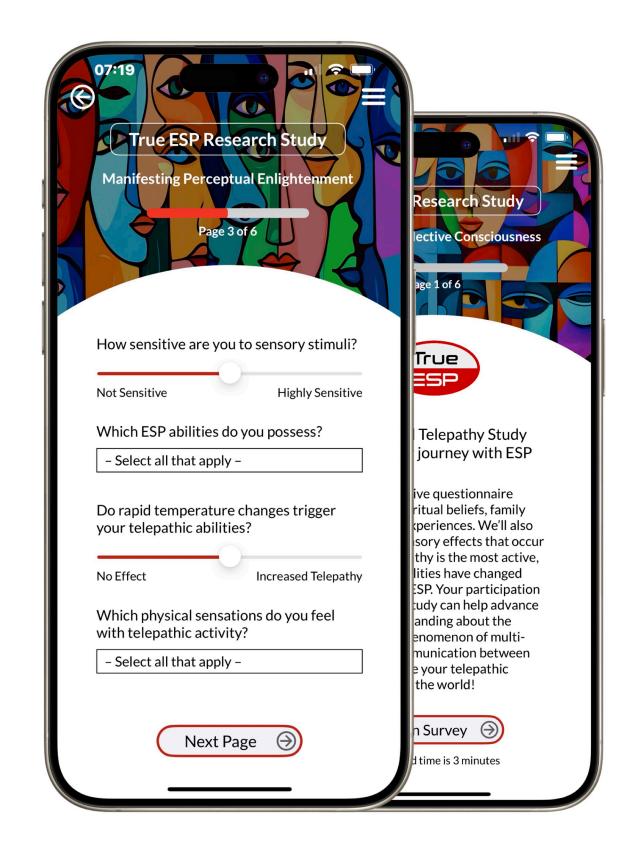
Practice against simulated participants to help strengthen your telepathic abilities

To help you develop and refine your telepathic abilities, True ESP features an interactive practice mode using virtual participants. Neural algorithms simulate the behavior of real humans during telepathy tests, allowing you to sharpen your skills in a controlled environment that will not affect your cumulative ESP score. Featuring the same multi-sensory stimulation and interactive features as the live crowd test, the practice mode delivers an on-demand experience that you can use at any time. By practicing with simulated users, you'll be able to develop a greater sense of confidence and control over your telepathic abilities. You'll also gain valuable insights into your strengths and weaknesses, allowing you to focus on certain areas where you want to improve performance.

### Telepathy Research Survey

Share your telepathy experiences with the in-app questionnaire about ESP abilities

We appreciate you participating in the Global Telepathy Study, and we would like to learn more about your experiences and thoughts on ESP. This app contains a comprehensive 3-minute questionnaire that will help us gain a deeper understanding of this fascinating phenomenon. The survey explores your spiritual beliefs, family history, and life experiences. We'll also ask about the sensory effects that occur when your telepathy is active, and how your abilities have affected your outlook on life. By participating in this telepathy survey, you can help advance scientific understanding about the extraordinary phenomenon of multi-dimensional communication between individuals. Your input for this research survey will remain anonymous and completely confidential.





### Precautions for ESP testing

Ensure a safe and enjoyable experience with multi-sensory stimulation during tests

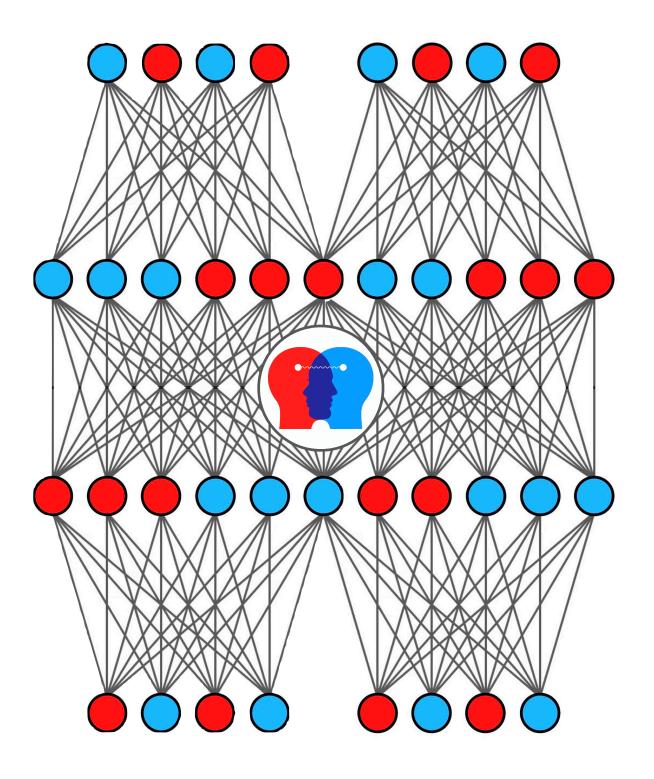
While using the True ESP app, do not drive or operate heavy machinery – and take regular breaks if you experience any physical or emotional distress. Before taking a telepathy test, it's important to be aware of potential sensory overload during the segments with brain wave synchronization. The combination of binaural and haptic stimulation may cause unease in individuals who are highly sensitive to sensory stimuli. If you're prone to dizziness, nausea or migraines, you may want to start with reduced volume levels until you are able to determine the appropriate degree of multisensory stimulation during tests. You may also consider beginning with fewer test sessions, and then gradually increasing your exposure to multi-sensory stimulation over time.

### Privacy and Confidentiality

Your involvement in this research study is completely private, confidential and secure

Your privacy is very important to us, and we strive to ensure that your participation with this study is fully confidential. We do not collect any identifying data from the users of True ESP, including last names, street addresses, city names or IP addresses. Your email account is not verified, and you can create randomized login credentials for greater privacy if you prefer. All testing data that's transmitted from this app to our servers for processing is fully protected, and our datacenter infrastructure is configured for maximum security. As an anonymous participant in the True ESP global telepathy study, you can be certain that your performance results will remain confidential, and will not be shared with any third-party companies or individuals.





### Scalable Testing Infrastructure

Our scalable infrastructure enables the simultaneous testing of unlimited users

True ESP was developed with infinitely-scalable architecture and deployed on high-performance servers in redundant data centers. This robust system enables the simultaneous testing of an unlimited number of participants located around the world. Invite your friends and family to join you.



Crowd-scale telepathy testing with simultaneous sensory stimulation

# Participate in this groundbreaking telepathy study Testing will continue through December 1, 2025

